

# Key Numbers Report

01 May 20 - 31 May 20



Date Range: 01 May 20 - 31 May 20

Name	Moves		Zone 0	Zone 1	Zone 2	Zone 3	Zone 4	Zone 5	Totals	Calories	Peak Heart Rate	Avg Effort
Andy Beadsworth	18	<b>Mins:</b>	17:23	13:17	06:48	16:34	11:07	00:09	<b>65:18</b>	39,076	193	63%
		<b>MEPs:</b>		797	816	2,982	2,668	36	<b>7,299</b>			
Kerry Nelson	35	<b>Mins:</b>	12:14	38:07	34:45	03:08	00:34	00:10	<b>88:58</b>	30,391	172	58%
		<b>MEPs:</b>		2,287	4,170	564	136	40	<b>7,197</b>			
Lewis day off	13	<b>Mins:</b>	01:47	02:58	03:35	07:15	17:07	02:57	<b>35:39</b>	29,648	185	77%
		<b>MEPs:</b>		178	430	1,305	4,108	708	<b>6,729</b>			
Ben Graham-Evans	38	<b>Mins:</b>	43:04	09:57	15:35	17:30	02:57	00:00	<b>89:03</b>	36,027	185	53%
		<b>MEPs:</b>		597	1,870	3,150	708	0	<b>6,325</b>			
John Moreton	41	<b>Mins:</b>	02:35	12:49	20:22	12:00	00:57	00:02	<b>48:45</b>	40,967	141	64%
		<b>MEPs:</b>		769	2,444	2,160	228	8	<b>5,609</b>			
Nina Savage	18	<b>Mins:</b>	04:17	06:55	06:23	05:48	09:57	03:22	<b>36:42</b>	15,612	188	70%
		<b>MEPs:</b>		415	766	1,044	2,388	808	<b>5,421</b>			
Danielle Cheyney	26	<b>Mins:</b>	06:42	05:39	05:02	05:41	08:30	03:03	<b>34:37</b>	14,433	187	68%
		<b>MEPs:</b>		339	604	1,023	2,040	732	<b>4,738</b>			
Bridgetta Worsley	31	<b>Mins:</b>	01:52	03:00	06:19	03:45	10:01	02:29	<b>27:26</b>	10,245	161	73%
		<b>MEPs:</b>		180	758	675	2,404	596	<b>4,613</b>			
Leyon Joseph	30	<b>Mins:</b>	08:09	08:02	09:53	10:33	03:51	00:09	<b>40:37</b>	22,581	178	63%
		<b>MEPs:</b>		482	1,186	1,899	924	36	<b>4,527</b>			
Paul Davis	16	<b>Mins:</b>	04:22	07:02	06:31	05:36	07:35	00:21	<b>31:27</b>	19,190	165	66%
		<b>MEPs:</b>		422	782	1,008	1,820	84	<b>4,116</b>			
Peps Peplow	27	<b>Mins:</b>	04:04	03:30	03:39	09:46	06:37	00:06	<b>27:42</b>	21,442	177	68%
		<b>MEPs:</b>		210	438	1,758	1,588	24	<b>4,018</b>			
Karen Gale	32	<b>Mins:</b>	07:39	06:27	07:13	05:07	04:43	01:43	<b>32:52</b>	13,143	193	63%
		<b>MEPs:</b>		387	866	921	1,132	412	<b>3,718</b>			
Lesley birch	19	<b>Mins:</b>	02:32	03:38	07:57	07:34	04:04	00:42	<b>26:27</b>	10,606	171	68%
		<b>MEPs:</b>		218	954	1,362	976	168	<b>3,678</b>			
Sian Mills	23	<b>Mins:</b>	04:02	06:01	14:01	08:04	00:42	00:00	<b>32:50</b>	10,168	161	63%
		<b>MEPs:</b>		361	1,682	1,452	168	0	<b>3,663</b>			

Megan Fox	24	<b>Mins:</b> <b>MEPs:</b>	07:01 474	07:54 666	05:33 798	04:26 1,632	06:48 68	00:17 <b>31:59</b>	12,227	190	63%
Sue Davis	17	<b>Mins:</b> <b>MEPs:</b>	15:23 232	03:52 380	03:10 702	03:54 1,956	08:09 364	01:31 <b>35:59</b>	10,613	173	60%
Anne Harper	20	<b>Mins:</b> <b>MEPs:</b>	03:16 282	04:42 592	04:56 1,647	09:09 1,048	04:22 0	00:00 <b>26:25</b>	9,571	158	67%
Elaine Smith	24	<b>Mins:</b> <b>MEPs:</b>	01:35 108	01:48 640	05:20 1,488	08:16 992	04:08 64	00:16 <b>21:23</b>	10,882	177	70%
Darren Moody	11	<b>Mins:</b> <b>MEPs:</b>	00:47 75	01:15 174	01:27 603	03:21 1,888	07:52 472	01:58 <b>16:40</b>	15,269	183	78%
Inez Daly	14	<b>Mins:</b> <b>MEPs:</b>	13:17 409	06:49 1,484	12:22 1,149	06:23 124	00:31 32	00:08 <b>39:30</b>	12,125	182	57%
Curtis Batterbee	16	<b>Mins:</b> <b>MEPs:</b>	12:20 633	10:33 1,010	08:25 645	03:35 752	03:08 116	00:29 <b>38:30</b>	17,012	193	57%
Sharon Gallagher	15	<b>Mins:</b> <b>MEPs:</b>	00:38 277	04:37 1,206	10:03 1,374	07:38 260	01:05 8	00:02 <b>24:03</b>	8,461	188	66%
Ellen Shearon	25	<b>Mins:</b> <b>MEPs:</b>	03:21 790	13:10 1,220	10:10 567	03:09 412	01:43 20	00:05 <b>31:38</b>	9,237	194	60%
Angela Morrell	18	<b>Mins:</b> <b>MEPs:</b>	22:46 1,135	18:55 744	06:12 744	04:08 352	01:28 12	00:03 <b>53:32</b>	9,208	177	53%
Michael Leevy	20	<b>Mins:</b> <b>MEPs:</b>	05:31 303	05:03 606	05:03 1,356	07:32 660	02:45 0	00:00 <b>25:54</b>	15,965	171	63%
Lorraine Clode	16	<b>Mins:</b> <b>MEPs:</b>	00:14 11	00:11 356	02:58 1,641	09:07 868	03:37 12	00:03 <b>16:10</b>	9,611	184	74%
Sandy Saunders	19	<b>Mins:</b> <b>MEPs:</b>	09:32 242	04:02 444	03:42 771	04:17 1,092	04:33 192	00:48 <b>26:54</b>	12,743	188	61%
Emma Paxton	19	<b>Mins:</b> <b>MEPs:</b>	06:59 322	05:22 474	03:57 753	04:11 1,020	04:15 104	00:26 <b>25:10</b>	9,437	185	61%
Boris B	10	<b>Mins:</b> <b>MEPs:</b>	01:17 232	03:52 608	05:04 681	03:47 880	03:40 144	00:36 <b>18:16</b>	12,605	177	68%
Richard Thornber	16	<b>Mins:</b> <b>MEPs:</b>	00:44 79	01:19 332	02:46 561	03:07 1,228	05:07 340	01:25 <b>14:28</b>	12,570	190	75%
George Mayes	34	<b>Mins:</b> <b>MEPs:</b>	10:43 1,247	20:47 804	06:42 315	01:45 52	00:13 0	00:00 <b>40:10</b>	9,626	166	54%

Steve Gale	23	<b>Mins:</b> <b>MEPs:</b>	04:10	09:23	08:31	02:46	01:18	00:04	<b>26:12</b> <b>2,411</b>	13,971	176	60%
Lissie Cervenka	24	<b>Mins:</b> <b>MEPs:</b>	03:18	02:50	02:55	04:01	04:37	00:04	<b>17:45</b> <b>2,367</b>	7,878	187	66%
Kirstie Mayes	9	<b>Mins:</b> <b>MEPs:</b>	00:34	01:54	03:08	04:54	02:59	00:59	<b>14:28</b> <b>2,324</b>	6,167	182	72%
Tim Donovan	10	<b>Mins:</b> <b>MEPs:</b>	05:29	05:54	06:38	03:41	01:54	00:03	<b>23:39</b> <b>2,281</b>	13,135	181	60%
Mark Mayes	24	<b>Mins:</b> <b>MEPs:</b>	11:30	03:40	03:11	03:32	03:46	00:29	<b>26:08</b> <b>2,258</b>	9,489	182	57%
Melissa Beadsworth	22	<b>Mins:</b> <b>MEPs:</b>	04:31	03:12	03:09	03:17	02:36	01:52	<b>18:37</b> <b>2,233</b>	5,898	165	65%
Karen Spicer	17	<b>Mins:</b> <b>MEPs:</b>	05:04	03:04	03:55	04:44	02:57	00:03	<b>19:47</b> <b>2,226</b>	7,553	179	62%
Kathleen Charles	13	<b>Mins:</b> <b>MEPs:</b>	00:17	01:44	04:07	06:51	01:18	00:15	<b>14:32</b> <b>2,203</b>	4,734	168	70%
Ian Southwell	5	<b>Mins:</b> <b>MEPs:</b>	00:45	04:43	05:46	03:28	02:01	00:10	<b>16:53</b> <b>2,123</b>	10,392	155	65%
Lyndsey kirkland	52	<b>Mins:</b> <b>MEPs:</b>	19:42	12:24	04:22	02:15	01:40	00:12	<b>40:35</b> <b>2,121</b>	7,526	178	52%
Matthew Guille	19	<b>Mins:</b> <b>MEPs:</b>	02:44	06:19	06:32	03:17	01:20	00:10	<b>20:22</b> <b>2,114</b>	9,733	163	61%
Emily Payne	19	<b>Mins:</b> <b>MEPs:</b>	02:38	03:00	03:27	04:41	02:46	00:00	<b>16:32</b> <b>2,101</b>	6,780	169	65%
Sarah O'Callaghan	17	<b>Mins:</b> <b>MEPs:</b>	06:03	04:43	04:28	04:48	01:41	00:00	<b>21:43</b> <b>2,087</b>	7,949	184	60%
Alex Ansell	13	<b>Mins:</b> <b>MEPs:</b>	04:05	04:48	03:46	02:31	03:26	00:13	<b>18:49</b> <b>2,069</b>	6,425	179	62%
Anmarie Cooper	29	<b>Mins:</b> <b>MEPs:</b>	06:31	10:28	05:07	03:32	00:42	00:00	<b>26:20</b> <b>2,046</b>	7,318	185	57%
sue wierzbicki	17	<b>Mins:</b> <b>MEPs:</b>	02:21	11:02	08:02	00:58	00:35	00:21	<b>23:19</b> <b>2,024</b>	8,317	196	59%
Jack Mason	12	<b>Mins:</b> <b>MEPs:</b>	02:06	02:09	01:49	02:13	04:10	01:06	<b>13:33</b> <b>2,010</b>	9,560	188	69%

Katie Cumming	19	<b>Mins:</b> <b>MEPs:</b>	02:11 180	03:00 364	03:02 684	03:48 700	02:55 8	00:02 <b>14:58</b> <b>1,936</b>	6,839	182	66%
Hayley SK	9	<b>Mins:</b> <b>MEPs:</b>	01:31 306	05:06 746	06:13 435	02:25 252	01:03 164	00:41 <b>16:59</b> <b>1,903</b>	6,888	193	64%
Liam Phillips	7	<b>Mins:</b> <b>MEPs:</b>	00:17 31	00:31 84	00:42 573	03:11 1,128	04:42 48	00:12 <b>09:35</b> <b>1,864</b>	7,378	177	77%
Lou Barrow	12	<b>Mins:</b> <b>MEPs:</b>	07:17 316	05:16 450	03:45 336	01:52 600	02:30 108	00:27 <b>21:07</b> <b>1,810</b>	5,101	171	58%
Paul Nichols	8	<b>Mins:</b> <b>MEPs:</b>	01:16 204	03:24 396	03:18 318	01:46 768	03:12 116	00:29 <b>13:25</b> <b>1,802</b>	8,817	184	67%
Helen Geering	33	<b>Mins:</b> <b>MEPs:</b>	19:21 521	08:41 632	05:16 513	02:51 112	00:28 0	00:00 <b>36:37</b> <b>1,778</b>	6,125	160	51%
neil kirkland	37	<b>Mins:</b> <b>MEPs:</b>	12:29 517	08:37 490	04:05 396	02:12 264	01:06 52	00:13 <b>28:42</b> <b>1,719</b>	10,151	174	54%
Bev Tout	15	<b>Mins:</b> <b>MEPs:</b>	00:17 168	02:48 940	07:50 501	02:47 36	00:09 0	00:00 <b>13:51</b> <b>1,645</b>	5,078	156	64%
Jane Ansell	13	<b>Mins:</b> <b>MEPs:</b>	02:25 334	05:34 492	04:06 636	03:32 156	00:39 0	00:00 <b>16:16</b> <b>1,618</b>	3,091	137	61%
Kate Bartlett	16	<b>Mins:</b> <b>MEPs:</b>	05:16 224	03:44 336	02:48 567	03:09 340	01:25 72	00:18 <b>16:40</b> <b>1,539</b>	5,203	194	59%
Kymerley Saunders	9	<b>Mins:</b> <b>MEPs:</b>	01:51 167	02:47 550	04:35 504	02:48 252	01:03 4	00:01 <b>13:05</b> <b>1,477</b>	3,320	175	63%
Larissa Bryan	12	<b>Mins:</b> <b>MEPs:</b>	03:56 163	02:43 252	02:06 252	01:24 704	02:56 100	00:25 <b>13:30</b> <b>1,471</b>	4,884	180	62%
Josh Bryan	16	<b>Mins:</b> <b>MEPs:</b>	02:14 98	01:38 232	01:56 423	02:21 540	02:15 148	00:37 <b>11:01</b> <b>1,441</b>	7,707	197	66%
Lee Cooper	15	<b>Mins:</b> <b>MEPs:</b>	02:29 443	07:23 484	04:02 345	01:55 148	00:37 8	00:02 <b>16:28</b> <b>1,428</b>	8,122	169	59%
Holly Beadsworth	12	<b>Mins:</b> <b>MEPs:</b>	01:08 130	02:10 344	02:52 489	02:43 360	01:30 76	00:19 <b>10:42</b> <b>1,399</b>	4,596	190	66%
Kirsty Garratt	5	<b>Mins:</b> <b>MEPs:</b>	00:10 91	01:31 98	00:49 390	02:10 704	02:56 100	00:25 <b>08:01</b> <b>1,383</b>	3,068	183	73%
Sian Rixon	15	<b>Mins:</b> <b>MEPs:</b>	09:45 122	02:02 210	01:45 297	01:39 588	02:27 164	00:41 <b>18:19</b> <b>1,381</b>	3,021	187	55%

Amanda Mansell	11	<b>Mins:</b>	01:06	03:07	04:45	02:03	00:37	00:24	<b>12:02</b>	5,113	198	64%
		<b>MEPs:</b>		187	570	369	148	96	<b>1,370</b>			
Rose Joseph	9	<b>Mins:</b>	01:07	03:18	02:41	03:56	00:32	00:00	<b>11:34</b>	4,867	169	64%
		<b>MEPs:</b>		198	322	708	128	0	<b>1,356</b>			
Kate Graham-Evans	15	<b>Mins:</b>	08:51	03:58	01:59	01:53	01:59	00:14	<b>18:54</b>	4,904	185	56%
		<b>MEPs:</b>		238	238	339	476	56	<b>1,347</b>			
Richard Marrington	6	<b>Mins:</b>	01:44	01:59	01:29	00:51	03:40	00:04	<b>09:47</b>	6,056	163	67%
		<b>MEPs:</b>		119	178	153	880	16	<b>1,346</b>			
Jess Mayes	19	<b>Mins:</b>	02:14	09:59	05:23	00:32	00:01	00:00	<b>18:09</b>	6,116	178	57%
		<b>MEPs:</b>		599	646	96	4	0	<b>1,345</b>			
Boo Donovan	9	<b>Mins:</b>	00:10	02:04	03:16	01:27	01:35	00:45	<b>09:17</b>	4,181	183	69%
		<b>MEPs:</b>		124	392	261	380	180	<b>1,337</b>			
Duncan Bartlett	8	<b>Mins:</b>	07:54	03:34	01:09	01:02	02:28	00:48	<b>16:55</b>	6,816	202	57%
		<b>MEPs:</b>		214	138	186	592	192	<b>1,322</b>			
Brooke Bryan	5	<b>Mins:</b>	00:32	00:27	00:28	00:29	03:34	01:09	<b>06:39</b>	6,046	182	79%
		<b>MEPs:</b>		27	56	87	856	276	<b>1,302</b>			
Rowanne Cumbley	9	<b>Mins:</b>	01:36	01:34	00:53	00:57	02:57	00:08	<b>08:05</b>	3,604	186	67%
		<b>MEPs:</b>		94	106	171	708	32	<b>1,111</b>			
Clare Rhodes	13	<b>Mins:</b>	04:01	02:33	01:42	01:01	00:06	00:00	<b>09:23</b>	2,116	163	54%
		<b>MEPs:</b>		153	204	183	24	0	<b>564</b>			
Louise O'Connor	4	<b>Mins:</b>	00:25	00:12	00:16	00:26	01:02	00:46	<b>03:07</b>	1,459	175	76%
		<b>MEPs:</b>		12	32	78	248	184	<b>554</b>			
Vickie moody	6	<b>Mins:</b>	00:49	00:41	00:46	01:20	00:39	00:01	<b>04:16</b>	1,704	170	65%
		<b>MEPs:</b>		41	92	240	156	4	<b>533</b>			
Sarah Barrett	3	<b>Mins:</b>	00:08	00:32	00:54	00:46	00:45	00:14	<b>03:19</b>	1,593	186	71%
		<b>MEPs:</b>		32	108	138	180	56	<b>514</b>			
jack Turner-Doll	4	<b>Mins:</b>	00:05	00:01	00:04	00:09	01:02	00:23	<b>01:44</b>	1,693	199	83%
		<b>MEPs:</b>		1	8	27	248	92	<b>376</b>			
Mark Gulliford	2	<b>Mins:</b>	00:00	00:03	00:14	01:06	00:08	00:00	<b>01:31</b>	1,399	156	74%
		<b>MEPs:</b>		3	28	198	32	0	<b>261</b>			
Tina Wyatt	2	<b>Mins:</b>	00:05	00:03	00:03	00:05	00:22	00:24	<b>01:02</b>	628	190	82%
		<b>MEPs:</b>		3	6	15	88	96	<b>208</b>			
Andrew Mayes	4	<b>Mins:</b>	02:02	00:14	00:11	00:20	00:11	00:09	<b>03:07</b>	582	143	53%
		<b>MEPs:</b>		14	22	60	44	36	<b>176</b>			

---

Liam Dobbin	1	<b>Mins:</b>	00:09	00:28	00:22	00:00	00:00	00:00	<b>00:59</b>	365	111	57%
		<b>MEPs:</b>		28	44	0	0	0	<b>72</b>			