

# Key Numbers Report

01 Aug 20 - 31 Aug 20



Date Range: 01 Aug 20 - 31 Aug 20

Name	Moves		Zone 0	Zone 1	Zone 2	Zone 3	Zone 4	Zone 5	Totals	Calories	Peak Heart Rate	Avg Effort
Nina Savage	13	<b>Mins:</b>	07:08	07:48	12:20	13:02	08:23	01:49	<b>50:30</b>	19,637	174	66%
		<b>MEPs:</b>		468	1,480	2,346	2,012	436	<b>6,742</b>			
John Moreton	39	<b>Mins:</b>	04:47	16:14	19:20	11:05	00:44	00:01	<b>52:11</b>	41,583	142	62%
		<b>MEPs:</b>		974	2,320	1,995	176	4	<b>5,469</b>			
Darren Moody	12	<b>Mins:</b>	04:53	04:41	03:41	06:44	10:35	02:15	<b>32:49</b>	24,758	188	71%
		<b>MEPs:</b>		281	442	1,212	2,540	540	<b>5,015</b>			
Danielle Cheyney	28	<b>Mins:</b>	06:19	07:27	05:41	05:53	08:14	01:57	<b>35:31</b>	14,303	189	67%
		<b>MEPs:</b>		447	682	1,059	1,976	468	<b>4,632</b>			
Kerry Nelson	24	<b>Mins:</b>	22:46	31:53	10:20	03:52	02:46	00:02	<b>71:39</b>	19,242	166	55%
		<b>MEPs:</b>		1,913	1,240	696	664	8	<b>4,521</b>			
Megan Fox	19	<b>Mins:</b>	04:20	05:38	05:33	05:21	08:04	02:17	<b>31:13</b>	14,619	199	69%
		<b>MEPs:</b>		338	666	963	1,936	548	<b>4,451</b>			
Ben Graham-Evans	32	<b>Mins:</b>	34:52	08:53	12:13	10:07	02:32	00:00	<b>68:37</b>	25,572	179	51%
		<b>MEPs:</b>		533	1,466	1,821	608	0	<b>4,428</b>			
Sian Mills	39	<b>Mins:</b>	05:08	12:54	17:14	05:01	01:39	00:01	<b>41:57</b>	12,040	167	61%
		<b>MEPs:</b>		774	2,068	903	396	4	<b>4,145</b>			
Jack Mason	10	<b>Mins:</b>	04:23	02:45	02:45	05:27	08:33	01:39	<b>25:32</b>	18,315	189	70%
		<b>MEPs:</b>		165	330	981	2,052	396	<b>3,924</b>			
Inez Daly	7	<b>Mins:</b>	03:23	05:31	05:40	09:42	02:30	00:00	<b>26:46</b>	11,848	172	66%
		<b>MEPs:</b>		331	680	1,746	600	0	<b>3,357</b>			
Kathleen Charles	15	<b>Mins:</b>	00:20	02:57	07:01	08:31	03:07	00:01	<b>21:57</b>	7,028	159	69%
		<b>MEPs:</b>		177	842	1,533	748	4	<b>3,304</b>			
Richard Marrington	2	<b>Mins:</b>	00:09	01:08	04:24	06:13	05:33	00:51	<b>18:18</b>	14,363	183	75%
		<b>MEPs:</b>		68	528	1,119	1,332	204	<b>3,251</b>			
Leyon Joseph	19	<b>Mins:</b>	14:26	09:19	09:47	04:04	02:16	00:06	<b>39:58</b>	16,294	163	56%
		<b>MEPs:</b>		559	1,174	732	544	24	<b>3,033</b>			
Lorraine Clode	19	<b>Mins:</b>	00:02	00:22	03:35	13:10	00:48	00:04	<b>18:01</b>	10,415	201	72%
		<b>MEPs:</b>		22	430	2,370	192	16	<b>3,030</b>			

Bev Tout	31	<b>Mins:</b> <b>MEPs:</b>	02:09 730	12:10 1,554	12:57 459	02:33 188	00:47 20	00:05 <b>30:41</b>	<b>2,951</b>	9,722	180	61%
Jane Ansell	22	<b>Mins:</b> <b>MEPs:</b>	03:07 395	06:35 1,024	08:32 903	05:01 548	02:17 24	00:06 <b>25:38</b>	<b>2,894</b>	5,465	150	63%
Jessica Mills	28	<b>Mins:</b> <b>MEPs:</b>	03:44 558	09:18 1,026	08:33 699	03:53 408	01:42 0	00:00 <b>27:10</b>	<b>2,691</b>	10,273	183	60%
Elaine Smith	12	<b>Mins:</b> <b>MEPs:</b>	02:39 445	07:25 800	06:40 831	04:37 444	01:51 36	00:09 <b>23:21</b>	<b>2,556</b>	9,565	179	62%
Emma Paxton	20	<b>Mins:</b> <b>MEPs:</b>	04:58 452	07:32 606	05:03 726	04:02 568	02:22 200	00:50 <b>24:47</b>	<b>2,552</b>	9,553	190	62%
Michelle Nelson	17	<b>Mins:</b> <b>MEPs:</b>	01:47 180	03:00 998	08:19 939	05:13 352	01:28 68	00:17 <b>20:04</b>	<b>2,537</b>	7,853	185	66%
Angela Morrell	9	<b>Mins:</b> <b>MEPs:</b>	10:22 981	16:21 1,192	09:56 330	01:50 8	00:02 0	00:00 <b>38:31</b>	<b>2,511</b>	8,069	152	55%
Andy Beadsworth	4	<b>Mins:</b> <b>MEPs:</b>	07:28 752	12:32 666	05:33 474	02:38 436	01:49 16	00:04 <b>30:04</b>	<b>2,344</b>	15,271	170	58%
Sandy Saunders	13	<b>Mins:</b> <b>MEPs:</b>	07:52 178	02:58 306	02:33 663	03:41 1,052	04:23 140	00:35 <b>22:02</b>	<b>2,339</b>	10,636	202	61%
Lee Cooper	11	<b>Mins:</b> <b>MEPs:</b>	01:15 201	03:21 416	03:28 459	02:33 876	03:39 244	01:01 <b>15:17</b>	<b>2,196</b>	10,418	205	69%
George Mayes	27	<b>Mins:</b> <b>MEPs:</b>	05:12 792	13:12 664	05:32 456	02:32 260	01:05 20	00:05 <b>27:38</b>	<b>2,192</b>	8,173	182	58%
Sarah Barrett	12	<b>Mins:</b> <b>MEPs:</b>	00:36 117	01:57 672	05:36 972	05:24 380	01:35 32	00:08 <b>15:16</b>	<b>2,173</b>	6,828	189	68%
Lesley birch	14	<b>Mins:</b> <b>MEPs:</b>	01:40 278	04:38 682	05:41 594	03:18 496	02:04 72	00:18 <b>17:39</b>	<b>2,122</b>	6,404	167	65%
Sarah O'Callaghan	15	<b>Mins:</b> <b>MEPs:</b>	06:34 284	04:44 560	04:40 558	03:06 544	02:16 20	00:05 <b>21:25</b>	<b>1,966</b>	7,541	193	59%
Liam Dobbin	15	<b>Mins:</b> <b>MEPs:</b>	01:50 167	02:47 464	03:52 813	04:31 468	01:57 44	00:11 <b>15:08</b>	<b>1,956</b>	8,410	157	66%
Sharon Gallagher	11	<b>Mins:</b> <b>MEPs:</b>	00:41 225	03:45 500	04:10 651	03:37 544	02:16 8	00:02 <b>14:31</b>	<b>1,928</b>	5,089	153	67%
Lissie Cervenka	18	<b>Mins:</b> <b>MEPs:</b>	04:35 175	02:55 286	02:23 495	02:45 848	03:32 108	00:27 <b>16:37</b>	<b>1,912</b>	6,498	190	63%

Sian Rixon	12	<b>Mins:</b> <b>MEPs:</b>	04:12	02:58	02:40	03:07	02:28	01:05	<b>16:30</b> <b>1,911</b>	4,852	181	64%
Emily Payne	16	<b>Mins:</b> <b>MEPs:</b>	02:50	02:57	02:59	02:09	04:02	00:00	<b>14:57</b> <b>1,890</b>	6,044	171	65%
Matthew Guille	15	<b>Mins:</b> <b>MEPs:</b>	01:26	05:47	05:33	03:27	00:57	00:04	<b>17:14</b> <b>1,878</b>	8,680	141	62%
Anne Harper	9	<b>Mins:</b> <b>MEPs:</b>	00:54	03:24	04:13	03:24	02:04	00:00	<b>13:59</b> <b>1,818</b>	5,059	158	66%
Mark Mayes	20	<b>Mins:</b> <b>MEPs:</b>	07:49	03:30	02:37	01:57	03:35	00:17	<b>19:45</b> <b>1,803</b>	7,510	175	58%
Michael Leevy	21	<b>Mins:</b> <b>MEPs:</b>	04:35	08:08	06:42	02:30	00:05	00:00	<b>22:00</b> <b>1,762</b>	11,521	157	58%
Dan Mills	8	<b>Mins:</b> <b>MEPs:</b>	03:54	05:12	04:44	02:46	01:19	00:14	<b>18:09</b> <b>1,750</b>	7,234	197	60%
Duncan Bartlett	11	<b>Mins:</b> <b>MEPs:</b>	03:05	02:13	01:54	02:09	02:35	01:12	<b>13:08</b> <b>1,656</b>	8,176	187	66%
neil kirkland	18	<b>Mins:</b> <b>MEPs:</b>	11:13	06:49	03:46	02:16	01:17	00:06	<b>25:27</b> <b>1,601</b>	9,148	171	53%
Paul Nichols	9	<b>Mins:</b> <b>MEPs:</b>	04:59	05:50	03:30	01:43	01:48	00:21	<b>18:11</b> <b>1,595</b>	8,477	172	59%
Helen Geering	21	<b>Mins:</b> <b>MEPs:</b>	07:10	08:36	05:00	01:53	00:32	00:00	<b>23:11</b> <b>1,583</b>	5,607	160	55%
Lou Barrow	10	<b>Mins:</b> <b>MEPs:</b>	03:19	05:31	02:20	02:04	01:47	00:25	<b>15:26</b> <b>1,511</b>	4,340	172	61%
Melissa Beadsworth	15	<b>Mins:</b> <b>MEPs:</b>	03:42	02:02	01:24	01:30	01:52	02:04	<b>12:34</b> <b>1,504</b>	3,989	169	65%
Annmarie Cooper	12	<b>Mins:</b> <b>MEPs:</b>	03:08	03:02	02:59	03:08	01:35	00:02	<b>13:54</b> <b>1,492</b>	4,818	199	62%
Kate Bartlett	10	<b>Mins:</b> <b>MEPs:</b>	03:11	03:21	02:16	02:29	01:22	00:40	<b>13:19</b> <b>1,408</b>	4,478	178	62%
Curtis Batterbee	9	<b>Mins:</b> <b>MEPs:</b>	01:06	01:55	01:53	02:33	02:02	00:25	<b>09:54</b> <b>1,388</b>	6,889	189	68%
sue wierzbicki	9	<b>Mins:</b> <b>MEPs:</b>	02:04	06:35	03:28	01:42	01:00	00:03	<b>14:52</b> <b>1,369</b>	5,345	185	60%

Boris B	6	<b>Mins:</b> <b>MEPs:</b>	00:27 60	01:00 172	01:26 420	02:20 568	02:22 148	00:37 <b>08:12</b>	<b>1,368</b>	6,616	205	73%
Richard Thornber	11	<b>Mins:</b> <b>MEPs:</b>	04:35 146	02:26 224	01:52 423	02:21 500	02:05 64	00:16 <b>13:35</b>	<b>1,357</b>	7,326	187	60%
Jess Mayes	11	<b>Mins:</b> <b>MEPs:</b>	00:56 421	07:01 648	05:24 180	01:00 84	00:21 12	00:03 <b>14:45</b>	<b>1,345</b>	5,782	186	60%
Hayley SK	10	<b>Mins:</b> <b>MEPs:</b>	05:45 341	05:41 436	03:38 360	02:00 188	00:47 4	00:01 <b>17:52</b>	<b>1,329</b>	4,996	176	56%
Sue Davis	9	<b>Mins:</b> <b>MEPs:</b>	02:14 95	01:35 164	01:22 204	01:08 668	02:47 192	00:48 <b>09:54</b>	<b>1,323</b>	3,897	175	67%
Kymerley Saunders	10	<b>Mins:</b> <b>MEPs:</b>	05:11 134	02:14 254	02:07 492	02:44 432	01:48 8	00:02 <b>14:06</b>	<b>1,320</b>	2,912	177	58%
Paul Davis	7	<b>Mins:</b> <b>MEPs:</b>	02:11 150	02:30 382	03:11 420	02:20 340	01:25 28	00:07 <b>11:44</b>	<b>1,320</b>	6,412	161	64%
Kate Graham-Evans	12	<b>Mins:</b> <b>MEPs:</b>	05:19 240	04:00 386	03:13 477	02:39 192	00:48 20	00:05 <b>16:04</b>	<b>1,315</b>	4,997	183	57%
Lyndsey kirkland	20	<b>Mins:</b> <b>MEPs:</b>	22:25 599	09:59 358	02:59 159	00:53 156	00:39 36	00:09 <b>37:04</b>	<b>1,308</b>	4,964	176	49%
Bridgetta Worsley	8	<b>Mins:</b> <b>MEPs:</b>	00:06 82	01:22 350	02:55 504	02:48 332	01:23 40	00:10 <b>08:44</b>	<b>1,308</b>	2,999	161	69%
Holly Beadsworth	13	<b>Mins:</b> <b>MEPs:</b>	01:25 188	03:08 428	03:34 240	01:20 396	01:39 56	00:14 <b>11:20</b>	<b>1,308</b>	4,449	188	64%
Kirsty Garratt	8	<b>Mins:</b> <b>MEPs:</b>	00:24 81	01:21 204	01:42 501	02:47 516	02:09 4	00:01 <b>08:24</b>	<b>1,306</b>	2,834	173	70%
Boo Donovan	6	<b>Mins:</b> <b>MEPs:</b>	01:32 399	06:39 644	05:22 183	01:01 76	00:19 0	00:00 <b>14:53</b>	<b>1,302</b>	4,659	169	59%
Ellen Shearon	13	<b>Mins:</b> <b>MEPs:</b>	11:40 582	09:42 288	02:24 246	01:22 176	00:44 8	00:02 <b>25:54</b>	<b>1,300</b>	4,182	171	52%
Alex Ansell	13	<b>Mins:</b> <b>MEPs:</b>	05:00 203	03:23 368	03:04 405	02:15 264	01:06 60	00:15 <b>15:03</b>	<b>1,300</b>	4,158	193	58%
Katie Cumming	17	<b>Mins:</b> <b>MEPs:</b>	03:15 255	04:15 354	02:57 375	02:05 244	01:01 68	00:17 <b>13:50</b>	<b>1,296</b>	4,979	194	60%
Louise O'Connor	7	<b>Mins:</b> <b>MEPs:</b>	00:40 28	00:28 62	00:31 210	01:10 568	02:22 408	01:42 <b>06:53</b>	<b>1,276</b>	3,340	172	77%

Amanda Mansell	10	<b>Mins:</b> <b>MEPs:</b>	02:04 224	03:44 518	04:19 261	01:27 140	00:35 12	00:03 <b>12:12</b> <b>1,155</b>	4,503	192	60%
Larissa Bryan	7	<b>Mins:</b> <b>MEPs:</b>	01:47 114	01:54 236	01:58 363	02:01 288	01:12 8	00:02 <b>08:54</b> <b>1,009</b>	3,411	178	63%
Steve Gale	6	<b>Mins:</b> <b>MEPs:</b>	00:30 72	01:12 306	02:33 393	02:11 196	00:49 4	00:01 <b>07:16</b> <b>971</b>	4,947	175	67%
Peps Peplow	7	<b>Mins:</b> <b>MEPs:</b>	00:24 7	00:07 82	00:41 210	01:10 600	02:30 24	00:06 <b>04:58</b> <b>923</b>	4,603	179	75%
Vickie moody	9	<b>Mins:</b> <b>MEPs:</b>	02:56 223	03:43 324	02:42 246	01:22 104	00:26 0	00:00 <b>11:09</b> <b>897</b>	3,188	167	57%
Brooke Bryan	5	<b>Mins:</b> <b>MEPs:</b>	00:33 51	00:51 122	01:01 138	00:46 340	01:25 188	00:47 <b>05:23</b> <b>839</b>	4,278	193	72%
Kirstie Mayes	7	<b>Mins:</b> <b>MEPs:</b>	04:04 220	03:40 176	01:28 177	00:59 176	00:44 60	00:15 <b>11:10</b> <b>809</b>	2,734	200	55%
phil pafford	6	<b>Mins:</b> <b>MEPs:</b>	00:38 97	01:37 148	01:14 201	01:07 248	01:02 76	00:19 <b>05:57</b> <b>770</b>	4,418	192	66%
Karen Spicer	8	<b>Mins:</b> <b>MEPs:</b>	02:44 93	01:33 170	01:25 333	01:51 72	00:18 12	00:03 <b>07:54</b> <b>680</b>	2,577	184	57%
Priscilla Thornber	4	<b>Mins:</b> <b>MEPs:</b>	00:02 75	01:15 186	01:33 177	00:59 196	00:49 28	00:07 <b>04:45</b> <b>662</b>	1,998	173	68%
Joanne Monks	4	<b>Mins:</b> <b>MEPs:</b>	07:12 88	01:28 106	00:53 156	00:52 176	00:44 16	00:04 <b>11:13</b> <b>542</b>	1,585	171	49%
Lewis day off	3	<b>Mins:</b> <b>MEPs:</b>	00:20 16	00:16 56	00:28 78	00:26 332	01:23 48	00:12 <b>03:05</b> <b>530</b>	2,358	180	73%
Karen Gale	7	<b>Mins:</b> <b>MEPs:</b>	01:02 75	01:15 114	00:57 117	00:39 100	00:25 16	00:04 <b>04:22</b> <b>422</b>	1,550	178	60%
Charlotte Simmons	2	<b>Mins:</b> <b>MEPs:</b>	00:02 7	00:07 14	00:07 27	00:09 104	00:26 244	01:01 <b>01:52</b> <b>396</b>	1,148	207	86%
Liam Phillips	3	<b>Mins:</b> <b>MEPs:</b>	00:01 9	00:09 42	00:21 33	00:11 40	00:10 184	00:46 <b>01:38</b> <b>308</b>	1,406	195	82%
Clare Longman	2	<b>Mins:</b> <b>MEPs:</b>	00:00 16	00:16 20	00:10 57	00:19 136	00:34 20	00:05 <b>01:24</b> <b>249</b>	634	169	74%
Toni Reid	1	<b>Mins:</b> <b>MEPs:</b>	00:02 21	00:21 42	00:21 24	00:08 60	00:15 36	00:09 <b>01:16</b> <b>183</b>	560	175	70%

Connor Gale	2	<b>Mins:</b>	00:14	00:11	00:04	00:11	00:22	00:04	<b>01:06</b>	767	202	68%
		<b>MEPs:</b>		11	8	33	88	16	<b>156</b>			
Rose Joseph	1	<b>Mins:</b>	00:06	00:22	00:11	00:27	00:03	00:00	<b>01:09</b>	484	160	64%
		<b>MEPs:</b>		22	22	81	12	0	<b>137</b>			
Clare Rhodes	1	<b>Mins:</b>	00:03	00:01	00:06	00:04	00:00	00:00	<b>00:14</b>	85	154	61%
		<b>MEPs:</b>		1	12	12	0	0	<b>25</b>			